



Gënjon (Fish)

Fish runs return. The fish that would have been used as a food source would have included:

<u>English</u> <u>Tuscarora</u>	<u>Latin</u>	<u>Seneca</u>	<u>Mohawk</u>
<b>Channel Catfish</b>	<i>Ictalurus punctatus</i>		ohwenta'kowa
<b>Black Bullhead</b>	<i>Ictalurus melas</i>		wa-te-wi-raa-ha
<b>Yellow Bullhead</b>	<i>Ictalurus natalis</i>		ohwenta
<b>Brown Bullhead</b>	<i>Ictalurus nebulosus</i>		
<b>White Suckers</b>	<i>Catostomus commersoni</i>		io-nit-sta-ka-te
<b>Sunfish</b>			a-te-na-ta-ra
<b>Rainbow Smelt</b>	<i>Osmerus mordax</i>		
<b>Yellow Perch</b>	<i>Perca flavescens</i>		o-ria-he-ta
<b>Long Perch</b>	<i>Percina caprodes</i>		
<b>Greenside Darter</b>	<i>Etheostoma blennioides</i>		
<b>Fantail Darter</b>	<i>Etheostoma flabellare</i>		
<b>Rock Bass</b>	<i>Ambloplites rupestris</i>		ii-ka-kwa-ra/onenyo'konha
<b>Pumpkinseed</b>	<i>Lepomis gibbosus</i>		
<b>Black Crappie</b>	<i>Pomoxis nigromaculatus</i>		jis-ka-wi-ak
<b>Largemouth Bass</b>	<i>Micropterus salmoides</i>		tsihskawiyak
<b>Smallmouth Bass</b>	<i>Micropterus dolomieu</i>		ohskawinen
<b>White Bass</b>	<i>Morone chrysops</i>		
<b>Sauger</b>	<i>Stizostedion canadense</i>		
<b>Walleye</b>	<i>Stizostedion vitreum</i>		
<b>Common Carp</b>	<i>Cyprinus carpio</i>		skentstenni
<b>Grass Carp</b>	<i>Ctenopharyngodon idella</i>		
<b>Mullet</b>			
<b>Rainbow Trout</b>	<i>Salmo gairdneri</i>		tsyotsyakton
<b>Brown Trout</b>	<i>Salmo trutta</i>		tsyotyakton
<b>Brook Trout</b>	<i>Salvelinus fontinalis</i>		o-hie-ka-ront
<b>Lake Trout</b>	<i>Salvelinus namaycush</i>		tsyoty'a'kton'kowa
<b>Lake Sturgeon</b>	<i>Acipenser fulvescens</i>		ken-tsia-ko-wa
<b>Rock Sturgeon</b>			te-io-kien-ta-ron
<b>Atlantic Salmon</b>	<i>Salmo salar</i>		skakahraksen
<b>Chain Pickerel</b>	<i>Esox niger</i>		ji-kon-sis
<b>Northern Pike</b>	<i>Esox lucius</i>	joka:tke	ji-kon-sis-ko-wa
<b>Muskellunge</b>	<i>Esox masquinongy</i>		kanotsyot
<b>Lake Whitefish</b>	<i>Coregonus clupeaformis</i>		ken-sta-ken-ra
<b>American Eels</b>	<i>Anguilla rostrata</i>		okontena



(When the eel runs begin, they swim on the top of the water, because they don't eat when they migrate out toward the deep water. When they return to their home base, they are bottom feeders.)

**Longnose Gars**      *Lepisosteus osseus*  
**Bowfin (Dogfish)**      *Amia calva*      tyaonhareni

In the summer, lake fishing would take place at night, with a lighted torch used to attract fish to the canoe. Fish traps and weirs would also be set. Gill nets would also be used. Ground-up and boiled fish paste could serve as formula for young baby.

**Fish**

Largemouth Bass	<i>Micropterus salmoides</i>	
Smallmouth Bass	<i>Micropterus dolomieu</i>	
Black Bullhead	<i>Ictalurus melas</i>	M = wa-te-wi-raa-ha
Yellow Bullhead	<i>Ictalurus natalis</i>	
Brown Bullhead	<i>Ictalurus nebulosus</i>	
Common Carp	<i>Cyprinus carpio</i>	
Grass Carp	<i>Ctenopharyngodon idella</i>	
Channel Catfish	<i>Ictalurus punctatus</i>	M = o-non-keh
Bowfin (Dogfish)	<i>Amia calva</i>	
Fresh water eels	<i>Anguilla rostrata</i>	Vitamin A, Protein, niacin, 166 Calories
Fish Eggs cooked		
Fish eggs raw		Riboflavin, protein, niacin, Vitamin C, 117 Calories
Longnose Gars	<i>Lepisosteus osseus</i>	
Minnnow		
Mullet		
Muskellunge	<i>Esox masquinongy</i>	M = ka-no-tsiot
Yellow Perch	<i>Perca flavescens</i>	M = o-ria-he-ta
Long Perch	<i>Percina caprodes</i>	
Northern Pike	<i>Esox lucius</i>	M = ji-kon-sis-ko-wa
Rock Bass	<i>Ambloplites rupestris</i>	M = ii-ka-kwa-ra
Atlantic Salmon	<i>Salmo salar</i>	Niacin, protein, thiamin, 164 calories
Coho Salmon		
Rainbow Smelt	<i>Osmerus mordax</i>	
Pumpkinseed	<i>Lepomis gibbosus</i>	
Lake Sturgeon	<i>Acipenser fulvescens</i>	M = ken-tsia-ko-wa
Rock Sturgeon		M = te-io-kien-ta-ron
White Suckers	<i>Catostomus commersoni</i>	M = io-nit-sta-ka-te
Pumpkinseed	<i>Lepomis gibbosus</i>	



Lake Trout	Salvelinus namaycush	Protein, iron, niacin, 136 calories
Walleye 84 calories.	Stizostedion vitreum	Proteien, niacin, thiamin, riboflavin,
Lake Whitefish niacin,	Coregonus clupeaformis	M = ken-sta-ken-ra – 50 protein, 41
Fall Fish		
Rock Bass	Ambloplites rupestris	M = ii-ka-kwa-ra
Sunfish		M = a-te-na-ta-ra
Rainbow Trout	Salmo gairdneri	
Brown Trout	Salmo trutta	
Brook Trout	Salvelinus fontinalis	M = o-hie-ka-ront
Lake Trout	Salvelinus namaycush	

### THE HUNTER WHO BECAME A FISH

TWO brothers started off to hunt. After they had camped they heard a peculiar noise and one of them said, "I am going to find out what that is," and he followed the sound. It seemed to come from inside a hollow tree. Thinking there might be a bear in the tree the young man ran back to camp and said to his brother, "There must be a bear in that tree over there, but it makes a noise like a whirlwind."

They went to the tree and one of them climbed up and looked into the hole. At first he couldn't see anything. Then, at the bottom of the hole, he saw a spotted trout jumping around.

He got the trout out and threw it down to his brother, who said, "This is a curious fish. Let's take it to camp."

"Don't touch it," said the other, "It might be something that will harm us."

But the young man didn't listen; he took the trout to camp, cleaned and ate it

Right away, he said, "Bring some water, I am thirsty."

Water was brought and he drank and kept drinking, "Couldn't drink enough."

"I think the fish is making you sick," said his brother.

"Get more water," was the answer. "Take my moccasins and fill them."



When the young man was tired of bringing water he said to his brother, "You must go to the spring where you can drink all the water you want."

He went to the spring, drank till he was tired, then rested and drank again. When the other brother went to the spring he was frightened; his brother's mouth was like the mouth of a fish.

"Doesn't your mouth feel strange?" asked he.

The man put up his hand and then knew that his mouth had grown large, but he kept on drinking.

The next time the young man went to the spring his brother was half fish; fish to the waist, and he was still drinking.

Later he went to the spring and found that his brother had become a fish and gone into the water.

The next morning when the young man went to the spring, he saw a great fish far under the water, and the spring had become a pond.

He sat down on the bank and soon the Fish rose to the surface, and said, "My poor brother, go home and tell our father what has happened to me. When you want fish come here and get all you need; this pond will always be full of fish."

The young man went home and told what had taken place. The people came to the pond; the Fish rose to the surface, and said, "I shall not be a fish long, I am going to be a NYAGWAIHE."

Soon the Fish changed to a NYAGWAIHE (a great bear). The Bear stayed around the pond and of each party that came to fish, it killed and ate one man. Nobody saw this, but each party always lost one of its number, and people began to think that if the Bear lived long it would kill a great many men.

A council was called to decide what to do, and three young men promised to kill the Bear. They went to the pond, but never came back.

The Bear's brother said, "I will go to the pond, maybe I can drive him away."

And taking parched corn flour to eat, new moccasins to wear, and a good bow and twelve arrows he went to the pond and camped on the bank.

That night he dreamed that his brother, in the form of a man, came to him, and asked, "Why are you here? I can kill you."



And he answered, "I came to drive you away, for you are doing a great deal of harm."

The man said, "I will start at daylight and run. Follow, and see if you can overtake me."

The next morning the young man went in the direction the man had indicated, running as fast as he could. Just at midday he saw bear tracks, and he called out, "Now I'll overtake you!"

He ran faster than before, ran till dark, then camped and built a fire. When he opened his bundle of corn flour it had turned to ants; he had nothing to eat. The Bear had done this to deprive his brother of food.

While the young man sat by the fire thinking, he heard some one approaching; he knew it was the Bear and he had drawn his bow, ready to aim, when the Bear called out, "Wait, brother, till I talk with you. If you will let me go I will start early tomorrow morning, and leave this part of the country forever."

The brother said, "I will let you go."

They parted and the next morning the young man went back to his village and told the people what had happened and said, "You can fish in the lake as much as you like; no one will trouble you."

And so it proved.